

MPOJC
Iowa City, Coralville,
North Liberty, Tiffin,
University Heights,
Johnson County, and
The University of Iowa

TRAILS MAP IOWA CITY METRO AREA

MPOJC
Metropolitan Planning Organization of Johnson County

There are more than 70 miles of off-street multi-use trails in Johnson County that contribute to an active transportation network. These trails, along with side paths, wide sidewalks and on-street facilities, such as bike lanes and sharrows, provide safe and efficient routes for commuting and recreation.

The Metropolitan Planning Organization of Johnson County (MPOJC) works with Johnson County communities and the University of Iowa to coordinate bicycle and pedestrian planning. MPOJC's Regional Trails and Bicycle Committee (RTBC) brings together representatives from Iowa City, Coralville, North Liberty, University Heights, Tiffin, Johnson County, and the University of Iowa, along with members of local bicycle advocacy groups, to plan for improvements to the trail network and for other programs and policies to enhance bicycle and pedestrian safety. MPOJC assists member communities with grant applications for state and federal funds to extend and improve pedestrian and bike facilities and with applications to the League of American Bicyclists for designations as Bicycle Friendly Communities.



Johnson County University of Iowa Coralville University Heights Downtown Campus

Bike Friendly Trail Etiquette

Ride or walk on the right side of the trail.

When in a group or with pets, use no more than half the trail.

When stopping, move as far to the right as you can or off the trail where appropriate.

Pass on the left.

Alert those you are passing by ringing your bell or simply saying "passing on your left" as you approach ... before you actually pass.

Ride at a reasonable speed.

Yield to slower and oncoming traffic.

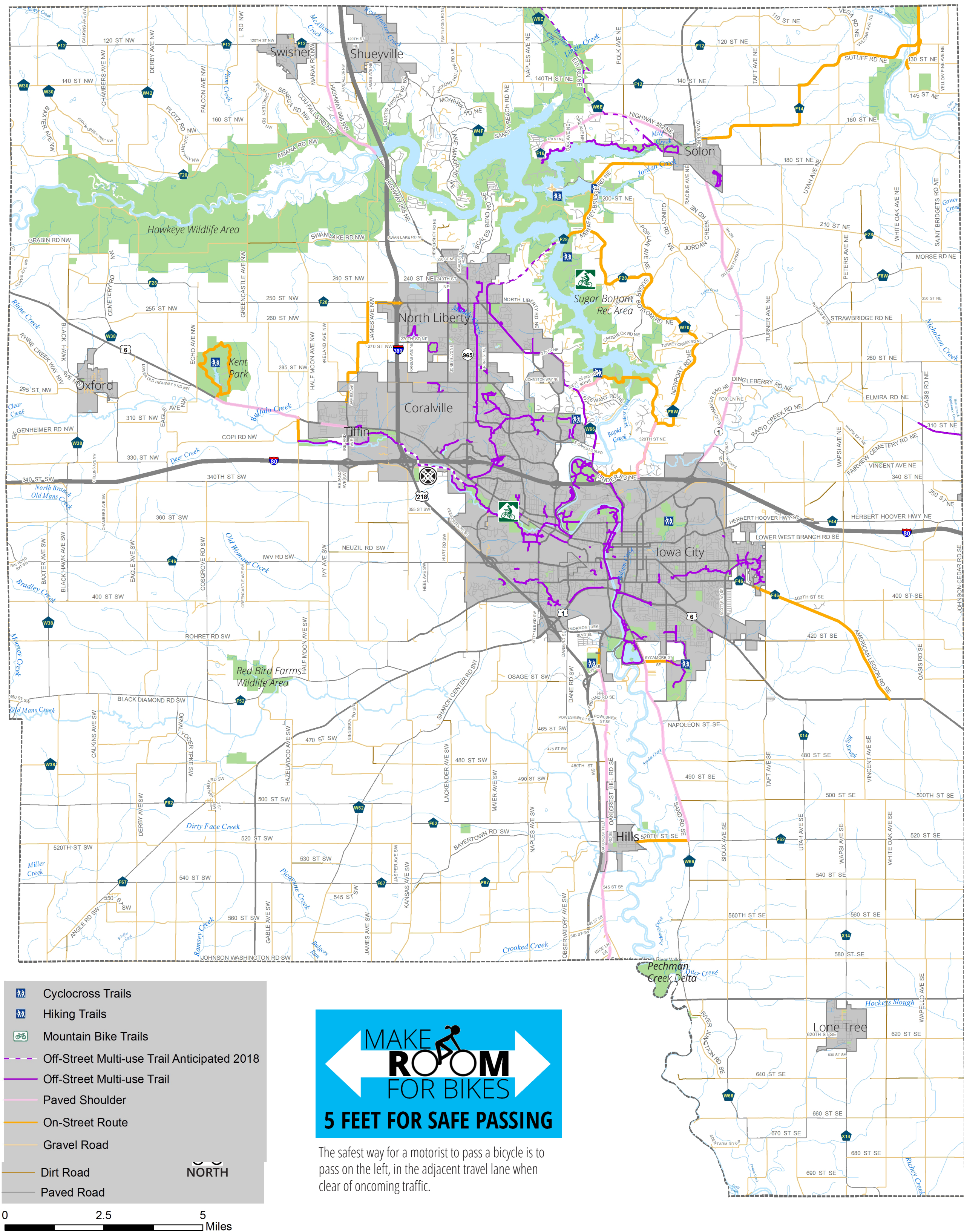
Be cautious when crossing driveways, streets, sidewalks, other trails, or railroad tracks.

Obey all traffic laws and signs.

COVER PHOTO COURTESY OF EMILY ROBERTI:
IOWA CITY WOMEN'S CYCLING "LADIES NIGHT" BIKE RIDE.

RURAL BIKEWAYS

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BICYCLE FACILITIES

Off-Street Multi-Use Trail: A paved multi-use path. Off-street trails typically provide routes with a reduced number of street crossings or encounters with motor vehicle traffic. Trails are shared by bicyclists, pedestrians, and other non-motorized users.

Sidepath / Wide Sidewalk: Paved multi-use paths that are part of the street right-of-way, running parallel to the roadway. Many new arterial streets include wide sidewalks on one side of the street. For the purpose of this map, this classification also includes short trails (<800 feet) in areas where street connectivity is lacking, such as at the end of a cul-de-sac or looped street. These facilities are shared by bicycles, pedestrians, and other non-motorized users.

Bike Lane: A marked portion of a roadway, designated for exclusive use by bicyclists. Metro area bike lanes are for one-way travel only.

Marked Shared Lane (Sharrow): Sharrows are pavement markings used along roadways that are main routes for bicyclists and alerts motorists to the presence of bicyclists along bike routes where there is not adequate space for a bike lane. This is to indicate that the travel lane is shared by motor vehicles and bicycles.

Paved Shoulder: Roadways with areas of pavement just outside the regular travel lane. Paved shoulders may be used by bicyclists similar to a bike lane but may also accommodate stopped vehicles, emergency use, and pedestrians. For the purpose of this map, paved shoulders are indicated only along rural roadways.

On-Street Route: Convenient routes for commuting or recreation. These routes are popular among experienced bicyclists, but include no special facilities, such as dedicated lanes, shared lane markings (sharrows), or paved shoulders. Outside city limits, on-street routes include directional signs with distances at key intersections.

TRAIL DESCRIPTIONS

HARD SURFACE MULTI-USE TRAILS

IOWA RIVER TRAIL
12.5 miles (north-south)
Iowa City-Coralville-North Liberty
End Points: Terry Trueblood Recreation Area in south Iowa City to Mehaffey Bridge Road, southwest of Lake MacBride Recreation Area.
Water/Restrooms: Terry Trueblood Recreation Area and City Park.

NORTH RIDGE - NORTH LIBERTY TRAIL
6.6 miles (north-south)
Coralville-North Liberty
End Points: Highway 6 in Coralville north to Penn Street in North Liberty.
Water/Restrooms: North Ridge Park.

COURT HILL TRAIL
2.25 miles (east-west)
East Iowa City
End Points: Seventh Avenue Court to Windsor Ridge Neighborhood.
Water/Restrooms: Court Hill Park south of Friendship Street and west of Brookside Drive.

CLEAR CREEK TRAIL
4.17 miles (east-west)
West Iowa City-Coralville / Tiffin
End Points: Mormon Trek Blvd to Deer Creek Rd, just south of the I-80/I-380 interchange. Tiffin Section: Hwy 218 to the Tiffin Baseball, Softball, Soccer Complex.
Water/Restrooms: Tom Harkin Trailhead located off Camp Cardinal Boulevard.

WILLOW CREEK TRAIL
2.0 miles (east-west)
West Iowa City
End Points: Melrose Ave to Willow Creek Dr/Hwy 1.
Water/Restrooms: Willow Creek Park.

SYCAMORE GREENWAY TRAIL
2.0 miles (north-south)
Southeast Iowa City
End Points: Lakeside Drive to Kickers Soccer Park.
Water/Restrooms: Kickers Soccer Park (seasonal weekends only).

MUDDY CREEK TRAIL
1.75 miles (east-west)
Coralville
Destinations: Wickham Elementary, Coralville Youth Sports Complex, Oakdale Campus.
Water/Restrooms: Coralville Youth Sports Complex.

HWY 6 AND HWY 1 SIDEPATHS
2 miles (east-west)
Iowa City
End Points: Hollywood Blvd to the Iowa River Trail and Orchard to Sunset St. 2018 extension to Mormon Trek Blvd.

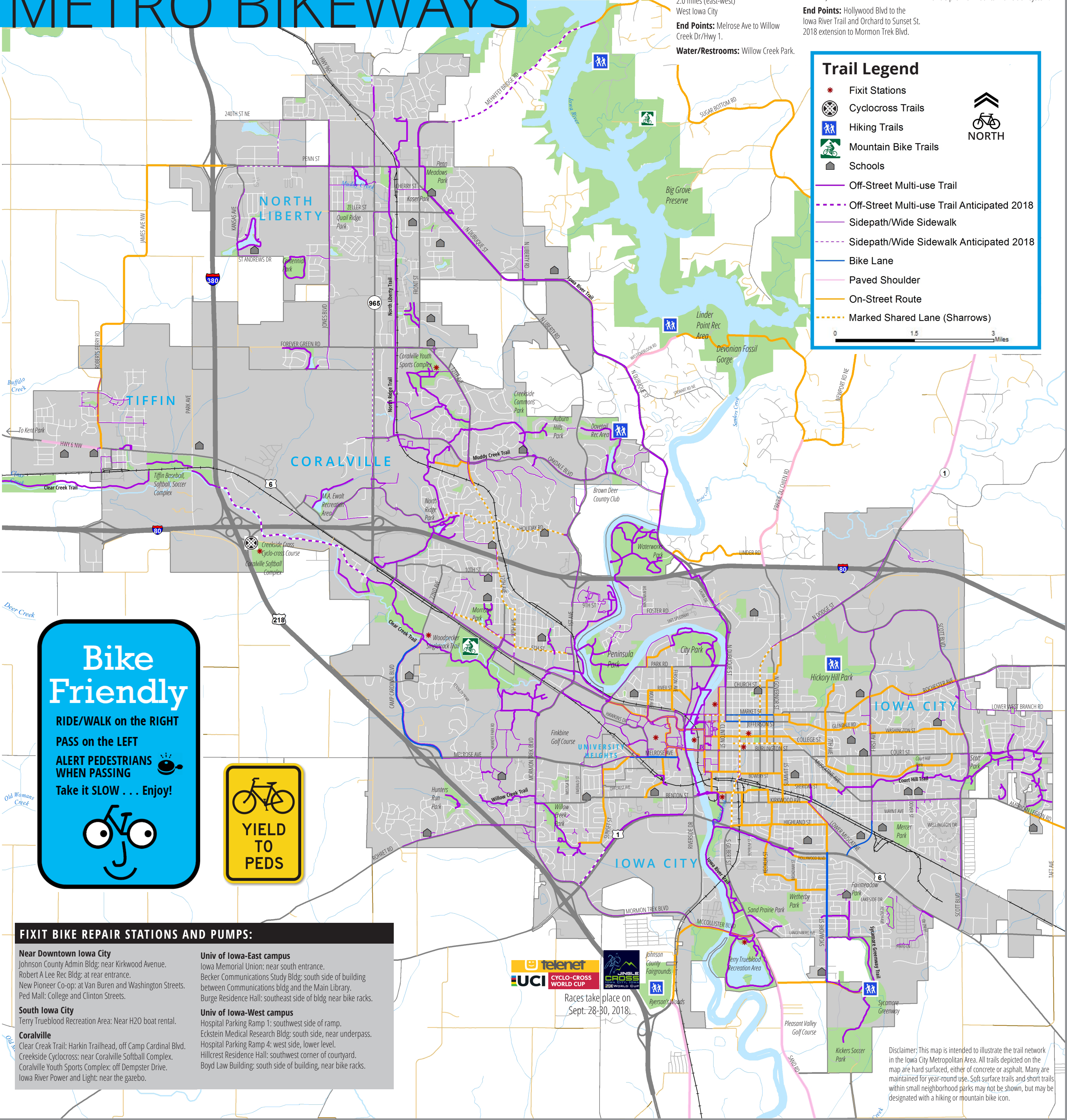
NATURAL SURFACE BIKE TRAILS

WOODPECKER (CLEAR CREEK) SINGLETRACK TRAIL
2.4 miles
Coralville
Just east of the Tom Harkin Trailhead on Clear Creek Trail, east of Camp Cardinal Blvd.

CREEKSIDE CROSS
2.6 miles
Coralville
Johnson County's first and only cyclocross park is located just west of the Coralville Creekside Ballpark.

SUGAR BOTTOM SINGLETRACK
13 miles
Sugar Bottom Recreation Area, east of North Liberty.
Iowa's premier mountain bike trail system.

METRO BIKEWAYS



Bike Friendly

RIDE/WALK on the RIGHT
PASS on the LEFT
ALERT PEDESTRIANS WHEN PASSING
Take it SLOW . . . Enjoy!



FIXIT BIKE REPAIR STATIONS AND PUMPS:

Near Downtown Iowa City
Johnson County Admin Bldg: near Kirkwood Avenue.
Robert A Lee Rec Bldg: at rear entrance.
New Pioneer Co-op: at Van Buren and Washington Streets.
Ped Mall: College and Clinton Streets.

South Iowa City
Terry Trueblood Recreation Area: Near H2O boat rental.

Coralville
Clear Creek Trail: Harkin Trailhead, off Camp Cardinal Blvd.
Creekside Cyclocross: near Coralville Softball Complex.
Coralville Youth Sports Complex: off Dempster Drive.
Iowa River Power and Light: near the gazebo.

Univ of Iowa-East campus
Iowa Memorial Union: near south entrance.
Becker Communications Study Bldg: south side of building between Communications bldg and the Main Library.
Burge Residence Hall: southeast side of bldg near bike racks.

Univ of Iowa-West campus
Hospital Parking Ramp 1: southwest side of ramp.
Eckstein Medical Research Bldg: south side, near underpass.
Hospital Parking Ramp 4: west side, lower level.
Hillcrest Residence Hall: southwest corner of courtyard.
Boyd Law Building: south side of building, near bike racks.

telenet
UCI
CYCLO-CROSS WORLD CUP
Races take place on Sept. 28-30, 2018.

Disclaimer: This map is intended to illustrate the trail network in the Iowa City Metropolitan Area. All trails depicted on the map are hard surfaced, either of concrete or asphalt. Many are maintained for year-round use. Soft surface trails and short trails within small neighborhood parks may not be shown, but may be designated with a hiking or mountain bike icon.